Special Olympics Maryland Area Memo February 10, 2020



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<u>Welcome</u>

Welcome to the SOMD Area Memo!

If there are any members of your Area's leadership who are not currently receiving the Area Memo, please send their names and email address to <u>jabel@somd.org</u>.

(NEW) Congratulations, Caprice West, SONA Outstanding Coach!

Special Olympics Maryland is thrilled to announce that Caprice West, multisport Interscholastic Unified Sports coach from Southern High School in Anne Arundel County, has been named the 2019 Special Olympics North America Outstanding Coach.

Coach West has served as a Special Olympics coach for ten years, currently coaching bowling, bocce, and tennis for Southern High School's Interscholastic Unified Sports (IUS) program. Read more <u>here</u>.



(NEW) Update on the 2021 Special Olympics World Winter Games

Special Olympics International is continuing to pursue options for the upcoming Special Olympics World Winter Games. The possibility of the Games occurring in 2021 still exists, however, it is anticipated that if the event occurs in 2021 that it will be late in 2021. Possibly in November or December of 2021. The possibility also exists that the event will occur in 2022.

Special Olympics North America hopes to have further updates by March or April of 2020.

(NEW) 2020 SOMD Winter Games Updates

The <u>Winter Games Event Guide</u> has been published on the Special Olympics Maryland website – located on the Coaches Resource Page: <u>https://www.somd.org/coach/coach-resources/coach-winter-games/</u>

In an effort to reduce the "down time" leading up to the dinner and the Opening Ceremony for participants during the Time Trials of Winter Games, the management team as created a new schedule for Sunday, February 23 (the Time Trial day for Winter Games). The tentative schedule is below and can also be found in the Event Guide. See schedule below for Time Trials of Winter Games:

SUNDAY, FEBRUARY 23, 2020- TIME TRIALS SCHEDULE - TENTATIVE

TIME	<u>EVENT</u>	LOCATION
11:30am	Volunteer Registration	Control Center
12:30pm-3:00pm	Delegation Registration	Control Center
	*Registration for Snowshoeing closes at 2:00pm	1
12:30am-3:30pm	Alpine Skiing Warm-ups	Whitetail Courses
1:30pm-4:30pm	Alpine Skiing Time Trials	Whitetail Courses
11:30pm-2:15pm	Lunch	Whitetail Dining Area
2:00pm-2:30pm	Snowshoeing Warm-ups	Mountain Ops Building
2:45pm-4:45pm	Snowshoeing Time Trials	Mountain Ops Building
2:45pm-3:30pm	Snowshoeing 400M Time Trials	Mountain Ops Building
	(For the 400M, 800M, 1600M & 4x400M)	
3:30pm-4:00pm	Snowshoeing 50M Time Trials	Mountain Ops Building
	(For the 25M & 50M)	
4:00pm-4:45pm	Snowshoeing 100M Time Trials	Mountain Ops Building
	(For the 100M, 200M, 4x100M and 4x200M)	
3:00pm-6:00pm	Delegation Housing Check-in	Control Center – Learning Center
4:45pm-6:00pm	Dinner	Whitetail Dining Area
6:30pm-7:30pm	Opening Ceremony	Whitetail Resort
10:00pm (Tentative)	HOD Meeting	Ramada Plaza
	Distribution of Monday's Competition Schedule	Electronic Distribution

ALPINE SKIING DETAILED SCHEDULE FOR TIME TRIALS by DELEGATION - TENTATIVE

<u>Time</u>	Delegation(s)	<u>Levels</u>
1:30pm	Frederick	Intermediate/Advanced
1:30pm	Frederick, Carroll & Howard	Novice
2:00pm	Carroll & Allegany	Intermediate/Advanced
2:00pm	Anne Arundel & Baltimore City	Novice
2:15pm	Montgomery & Lower Shore	Novice
2:15pm	Howard	Intermediate/Advanced
2:30pm	Anne Arundel, Garrett & Baltimore City	Intermediate/Advanced
3:00pm	Montgomery	Intermediate/Advanced
3:30pm	Harford & St. Mary's	Novice
3:30pm	Harford	Intermediate/Advanced

3:45pm 4:00pm Charles & Cecil St. Mary's

*<u>NOTE</u>: All Time Trials for Glide and Super Glide will occur on Monday at 11:00pm

(NEW) JTCC Tennis Clinics- All Are Welcome!

The Junior Tennis Champions Center Tennis Clinics for Special Olympics Maryland are getting ready to start. ALL Special Olympics Maryland Athletes (not just those who have participated in tennis in the past) are welcome to take part in these fun programs. All experiences and levels are welcome! A registration form is attached to this area memo!



(NEW) In the news: Twin Ridge Elementary School!

Twin Ridge Elementary School in Frederick County is trying to do something no other elementary school has ever done in the entire state of Maryland. It is trying to become a National Banner Unified Champion school. Check out ABC7's piece here: <u>https://twitter.com/ABC7John/status/1225020276209000449</u>

(NEW) Cecil County starts a community based Young Athletes Program!

Cecil County Public Schools Parent Resource Center for Special Education will be incorporating Special Olympics Maryland's Young Athletes Program into their weekly parent/child playgroups held at Gilpin Manor Elementary School. Same great playgroup... only better! We will now be incorporating basic gross motor skills into our playtime, such as balance and movement. Come check it out on Tuesdays from 10:00AM to 11:30AM during the following dates: February 11th, 18th, 25th, March 17th, 24th, 31st and April 7th and 14th.

(NEW) Frederick County Young Athletes Program: Winter-Spring 2020

We hope you are having a great "winter"! We are inviting families to register for the Winter-Spring 2020 Young Athletes session. Our new session is scheduled to be held Sunday, February 23- Sunday, April 5 from 10:00AM to 11:00AM at Frederick Gymnastics Club. To register please email <u>dmcluckie@frederickgymnastics.com</u> before Monday, February 10th. We are looking forward to seeing you soon!

Risk Reminders

Please remember that all contracts and requests for COIs must be sent to <u>risk@somd.org</u> for review by Rhonda and Jim's signature. The email address, <u>risk@somd.org</u>, was set up to ensure that these important documents don't get lost in our inboxes. *Also, a reminder that the only person authorized to sign any form of agreement on behalf of our organization is our CEO.*

Monthly Live CSOA Sessions Scheduled at SOMD HQ thru May

SOMD is pleased to host four live sessions for Coaching Special Olympics Athletes, a requirement for all Coaches. All sessions will be held at SOMD Headquarters (3701 Commerce Drive, Suite 103, Baltimore MD

21227). We must have a minimum of 7 registrants for each class at least two business days in advance in order for it to be held.

Saturday, February 15, 2020, 9:30 a.m. to 1:00 p.m. at SOMD HQ Sunday, March 15, 2020, 9:30 a.m. to 1:00 p.m. at SOMD HQ Sunday, April 5, 2020, 9:30 a.m. to 1:00 p.m. at SOMD HQ Saturday, May 16, 2020, 1:30 p.m. to 5:00 p.m. at SOMD HQ

Please use the link below to register for any of these sessions <u>https://www.surveymonkey.com/r/CSOA2020Q1Q2</u>

As always, Areas are encouraged to host additional CSOA sessions using SOMD's group of trained and certified instructors. All sessions must be approved by SIOMD HQ in advance. If interested, please send a message to <u>coaches@somd.org</u>.

March Area Leader Meeting

The March Area Leader meeting and webinar is right around the corner! Please register using the links below!

WEBINAR March 16, 2020 7:00pm-9:00pm	https://somd.zoom.us/meeting/register/v50vcum vrzws3Zwp2jGSfhJF_UEInqAYRQ
MEETING March 21, 2020 9:30am-5:00pm (Exact end time will be communicated closer to the meeting)	https://www.surveymonkey.com/r/AD2020M1

Principles of Coaching Live Course – March 7, 2020 & June 20, 2020

We are very pleased to be one of the first few SO USA programs to offer the updated "live" version of the Principles of Coaching course. This exceptional, highly participative full day course is designed for coaches with at least two years of experience and covers such topics as:

- Developing a Coaching Perspective
- Team Management & Training
- Athlete-Centered Coaching
- Fitness & Nutrition
- Safety and Risk Management

As noted in the new Coach Education & Development Model, completion of Principles of Coaching is a requirement for a coach to earn Advanced Coach status and will also renew, upgrade and extend all current coach sport certifications for three years from the date of course completion. As a reminder, *Advanced Coach status is a requirement in order for a coach to take a team or athletes to any competition above the state level* (including USA Games, World Games, and National Invitational Tournaments or their equivalents). Coaches must attend and participate in the entirety of the course to receive credit for course completion.

We currently have 2 sessions of this course scheduled in the first half or 2020 and will look to potentially add another session in the fall if interest warrants it. Our intent is to offer this live session at least twice per year going forward.

Saturday, March 7, 2020, 9:00 a.m. – 5:00 p.m., SOMD HQ (Baltimore area) Saturday, June 20, 2020, 9:00 a.m. – 5:00 p.m., SOMD HQ (Baltimore area)

There is no registration fee for these sessions. Lunch and refreshments throughout the day will be provided and registration for each session will be limited to a maximum of 25 coaches.

(Note: Please do not register for a session if you are not certain you will attend – it may mean another coach who actually could attend will be unable to register).

To register for one of these sessions, please use the following link:

https://www.surveymonkey.com/r/POC 2020 reg

Coach Education and Development - Overview, Updates and GMS Webinars - Three More Offered

We've added some additional sessions for coaches and Area Leaders (and GMS users) to the previously announced sessions. The first such session on Jan 22 went very well. We hope folks find the additional sessions useful as well.

Also, updated Coach Sport Certification reports and Updated Coach Training Transcripts have been posted on the Coach Education and Development page (part of the Coaches Resource Page) and will be updated a minimum of once per month, occasionally more frequently.

Given the previously announced enforcement of the Coach Sport Certifications for individuals to be recognized as coaches and that all teams and groups of athletes must have a fully certified Head Coach to attend any SOMD competition (beginning with Summer Games 2020), we will be hosting two webinars to review the requirements (with a few updates) and to remind GMS users of how to access the records for their coaches in our database. This enforcement change to occur with the 2020 Summer Games has been announced and discussed for at least 18 months so no one should be surprised, but we also know some folks tend to start to pay attention only when the consequences become real.

As always, these session will be recorded and the slides and a link to the recording will be provided following the session for those unable to attend, however coaches and leaders are encouraged to attend the "live" session so they can ask questions and get clarification for anything they may find confusing. A notice of these sessions (as well as the Principles of Coaching sessions noted above) will be sent to all individuals listed as coaches for 2019 (in "2019 Sports Training – Combined") for whom we have valid email addresses.

Sessions for Coaches and Area Leaders

	S and / if cu leaders
Date/Time	Registration Link
Thu, Jan 30 8:00 p.m.	https://attendee.gotowebinar.com/register/1443189680162151181
Wed Feb 5 7:00 p.m.	https://attendee.gotowebinar.com/register/5398607994348321549
Thu Feb 6 7:00 p.m.	https://attendee.gotowebinar.com/register/6950107961315008268

Sessions for GMS Users

Date/Time	Registration Link
Thu, Jan 30 8:00 p.m.	https://somd.zoom.us/meeting/register/v5Ypc-mqpjliHklcUbX1VHhDjdYeNX7kTQ

Wed Feb 5	https://somd.zoom.us/meeting/register/uZwrdeGhrz0s6PSzcerY79mU4poC_aOLig
7:00 p.m.	nttps://soma.zoom.us/meeting/register/uzwrdeGnrzus6PSzcerY/9m04poC_aOLig

2020 Basketball Championships Confirmed for Mount St Mary's Univ & Gov Thomas Johnson HS

We are very pleased to announce that the 2020 SOMD Basketball Championship will be held on March 28 & 29 at Mount Saint Mary's University (Emmitsburg) and Governor Thomas Johnson HS in northern Frederick. The schedule will follow the same structure as in 2019:

Saturday: 5v5 Traditional & 5v5 Unified Competition

Sunday: 3v3 Traditional and PDU, 5v5 PDU and Individual Skills Competition

More details are being shared directly with basketball coaches and will be covered in the Pre-competition webinar on March 24 at 7:00 p.m.

<u>GMS – Name Change For Training Registration "Games"</u>

Based on feedback from users and others, we will be changing the name of where Area GMS users register Athletes, Unified Partners, Coaches and Volunteers as participating in their local training programs from "2020 – Sports Training Combined" to:

2020 Community Training Program Participant Registration

This will occur on Saturday, January 11, 2020, and will give that training registration function a more appropriate name. In addition to making more "sense" it will also provide a more meaningful header on reports that GMS users generate and share with coaches and other folks.

The name change is the only change being made. Everything else with the process (including deadlines) will remain the same as it has been for the past many years.

Pre-Season and Pre-Competition Webinars

The dates and time for Pre-Season and Pre-Competition webinars have been set for the upcoming seasons. Please share this info with your coaches and sports volunteers.

Sport	Date/Time	Registration / Recording Link	
Alpine Skiing	Tue 11/26	Recording: <u>https://youtu.be/GFBtpPzv-tQ</u>	
Snowshoeing	Tue 11/21	Recording: https://www.youtube.com/watch?v=yvEiWDdyOf8&t=5s	
WG HOD #1	Tue 01/07	Recording: <u>https://youtu.be/8KhBbe9pgS4</u>	
Basketball	Wed 12/04	Recording: <u>https://youtu.be/3z4aQpfM1-k</u>	

Pre-Season Coaches Webinars

Pre-Competition Coaches Webinars

Sport	Date/Time	Registration / Recording Link		
Alpine Skiing	Mon 02/17	https://attendee.gotowebinar.com/register/1466357488678712845		
Alpine Skillig	7:00 p.m.	Ittps://attendee.gotowebinal.com/register/1400557488078712845		
Snowshooing	Thu 02/13	https://somd.zoom.us/meeting/register/dcfe4428d9436dea4ac87b605f06faf5		
Snowshoeing	7:00 p.m.			
Winter Games	Thu 02/13	https://register.gotowebinar.com/register/8132893300584732172		
HOD #2	8:00 p.m.			
Basketball	Tue 03/24	https://attendee.gotowebinar.com/register/285561165198905611		
Daskelball	7:00 p.m.			

Community Sports Registration Deadlines For Most of 2020

Registration Deadlines for community sports through most of 2020 have been set and are incorporated into the Sports Calendar included with this email. They are summarized below for your convenience as well.

Event	Competition Date(s)	Training Registration Deadline (in GMS)**	Last Date To Submit Missing Forms**	Competition Registration Deadline (in GMS)**
Winter Games	2/23-25/2020	1/9/2020	1/20/2020	2/6/2020
Basketball Tournament	3/28 – 29/2020 (Tentative)	1/23/2020	2/3/2020	2/13/2020
2020 Summer Games	6/5-7/2020	4/23/2020	5/4/2020	5/18/2020
Kayaking Time Trials (Required)	08/08/2020	7/0/2020	7/10/2020	7/20/2020
Kayaking Championships	08/15/2020	7/9/2020	7/16/2020	7/30/2020
2020 Golf State Championship	9/20/2020 (Tentative)	8/13/2020	8/20/2020	9/3/2020
2020 Fall Sports Festival	10/17/2020 (Tentative)	8/27/2020	9/10/2020	10/1/2020
2020 State Soccer Championships	10/25/2020 OR 11/1/2020 (Tentative)	8/27/2020	9/10/2020	10/1/2020

Upcoming Athlete Leadership Trainings

WHAT: WHERE: WHEN:	Introduction to Athlete Leadership SOMD HQ, 3701 Commerce Drive, Suite 103, Baltimore (Halethorpe), MD 21227 March 14 th , 2020 2pm-5pm			
Register:	https://www.surveymonkey.com/r/Intro_March_14_2020			
WHAT:	Introduction to Athlete Leadership and Understanding Leadership (2 Courses)			
WHERE:	Northeast Community Center, 4075 Gordon Stinnett Ave, Chesapeake Beach, MD			
WHEN:	April 4th, 20209am-noonIntroduction to Athlete LeadershipApril 4th, 20201pm-4pmUnderstanding Leadership			
WHY:	Special Olympics Inc. is retooling the requirements for the Athlete Leadership Program and			
we are followin	g their lead.			
We need all exis	sting leaders to come in and get recertified.			
We are not goir requirements.	ng to do a full retraining but we will do a shorter version to meet the obligations of the new			
WHO:	All CURRENT certified athletes and all NEW athletes interested MUST take this NEW training			
to move on to				
the next level in	leadership.			

OTHER DETAILS: Lunch will be provided

You must attend both session to remain a certified Athlete Leader moving forward. Other sessions exactly like this will be offered throughout Maryland in 2020 to update as many athletes as possible.

WHAT: Introduction to Athlete Leadership and Understanding Leadership (2 Courses in 4 parts)

WHERE: On line via ZOOM Meetings. We will take each section of the class over the computer. Links in the WHEN Section below.

WHEN:April 15th , 20206:30pm-8pmIntroduction to Athlete Leadership Part 1/2https://somd.zoom.us/j/311053034

WHY: Special Olympics Inc. is retooling the requirements for the Athlete Leadership Program and we are following their lead. We need all existing leaders and any athletes wishing to become leaders to log on and take these courses We are not going to do a full retraining but we will do a shorter version to meet the obligations of the new request. We hope by offering these course on line it will help those athletes and families who live a little further away from our office.

WHO: All *CURRENT* certified athletes and all *NEW* athletes interested *MUST* take this NEW training to move on to the next level in leadership.

OTHER DETAILS: You must attend all four sessions in order to take additional classes moving forward.

WHAT:	Athlete Leadership Training-Eastern Shore		
WHERE:	Chesapeake Culinary Center, 512, Franklin Street, Denton, Maryland 21629		
WHEN:	April 18 th , 2020		
	Beginner Global Messenger	9am-2pm	(room for 15)
	Basics of a Smart Phone	2:30pm-5pm	(room for 15)

WHAT ELSE:

-Lunch provided for Beginner Global Messengers -refreshments and snacks for all

-Bring a sheet of paper answering the following questions

Name, Hometown, Sports, Year you began Special Olympics, Other important things. -Photos may be taken of you for a future trading card. Come dressed nice for the photo.

To register go to <u>https://www.surveymonkey.com/r/April_18_Eastern_Shore</u>

WHAT: Introduction to Athlete Leadership

WHERE: On line via ZOOM Meetings. We will take each section of the class over the computer. Links in the WHEN Section below.

WHEN:April 22nd , 20206:30pm-8pmIntroduction to Athlete Leadership Part 2/2https://somd.zoom.us/j/926259131

WHY: Special Olympics Inc. is retooling the requirements for the Athlete Leadership Program and we are following their lead.

We need all existing leaders and any athletes wishing to become leaders to log on and take these courses

We are not going to do a full retraining but we will do a shorter version to meet the obligations of the new requirements. We hope by offering these course on line it will help those athletes and families who live a little further away from our office.

WHO:

All **CURRENT** certified athletes and all **NEW** athletes interested **MUST** take this NEW training to move on to the next level in leadership.

OTHER DETAILS: You must attend all four sessions in order to take additional classes moving forward.

WHAT: Understanding Leadership

WHERE: On line via ZOOM Meetings. We will take each section of the class over the computer. Links in the WHEN Section below.

WHEN:May 20th, 20206:30pm-8pmUnderstanding Leadership Part 1/2https://somd.zoom.us/j/620680651

WHY: Special Olympics Inc. is retooling the requirements for the Athlete Leadership Program and we are following their lead.

We need all existing leaders and any athletes wishing to become leaders to log on and take these courses We are not going to do a full retraining but we will do a shorter version to meet the obligations of the new requirements. We hope by offering these course on line it will help those athletes and families who live a little further away from our office.

WHO:

All **CURRENT** certified athletes and all **NEW** athletes interested **MUST** take this NEW training to move on to the next level in leadership.

OTHER DETAILS: You must attend all four sessions in order to take additional classes moving forward.

WHAT: Understanding Leadership

WHERE: On line via ZOOM Meetings. We will take each section of the class over the computer. Links in the WHEN Section below.

WHEN:May 27th, 20206:30pm-8pmUnderstanding Leadership Part 2/2https://somd.zoom.us/j/724553345

WHY: Special Olympics Inc. is retooling the requirements for the Athlete Leadership Program and we are following their lead.

We need all existing leaders and any athletes wishing to become leaders to log on and take these courses We are not going to do a full retraining but we will do a shorter version to meet the obligations of the new requirements. We hope by offering these course on line it will help those athletes and families who live a little further away from our office.

WHO:

All **CURRENT** certified athletes and all **NEW** athletes interested **MUST** take this NEW training to move on to the next level in leadership.

WHAT: Athlete Leadership-Improvisation and Theatre Training Course SUMMER 2020

The Athlete Leadership Program is excited to announce that we are adding a new course this fall "This interactive class will help support communication and confidence through creativity. Participants will learn valuable speech, language, and social skills that will assist them not only within Special Olympics MD, but across all aspects of their lives. Oh, and we'll laugh. A lot."

Improv and theater skills and practices have been shown to improve a variety of skills such as receptive and expressive language, pragmatics, fluency of speech, socialization, syntax and grammar, semantics, cognition, and the list goes on! Making this the perfect course for both beginner and advanced athlete leaders. Not previous training in athlete leadership is needed.

Target and ideally improve participants speech, language, and social skills, and help build confidence in communication.

Wednesday	June 10 th	7pm-8:30pm	
Wednesday	June 17 th	7pm-8:30pm	
Wednesday	June 24 th	7pm-8:30pm	
Wednesday	July 01 st	7pm-8:30pm	
Wednesday	July 08 th	7pm-8:30pm	
Wednesday	July 15 th	7pm-8:30pm	Rehearsal
Friday	July 17 th	6рт-9рт	Performance

*You must attend 4 of the 5 courses to be eligible for the final performance

WHFN: *

WHERE:Special Olympics Maryland HQ, 3701 Commerce Drive, Suite 103, Baltimore (Halethorpe),MD 21227

INSTRUCTOR: Emma Shipley, MS, CF-SLP, Speech-Language Pathologist

HOW MANY: This is a Unified Leadership opportunity. Open to up to 24 athletes. Unified partners, siblings, family members, etc. are welcome to attend with a SOMD athlete. Limit one per athlete. This is not required but is an option.

To sign up please fill out the Survey Monkey at <u>https://www.surveymonkey.com/r/SUMMER_2020_IMPROV</u>

Email Jason Schriml if you have any questions about this course at <u>jschriml@somd.org</u>

WHERE: SOMD HQ, 3701 Commerce Drive, Suite 103, Baltimore, MD 21227

WHEN: Saturday August 02nd, 2020 9am-3pm

WHO: Athletes who wish to learn how to write, read and present a short 1 minute speech about themselves -Lunch and refreshments will be provided

-Bring a sheet of paper answering the following questions

Name, Howe town, Sports, Year you began Special Olympics, Other important things.

-Photos will be taken of you for a future trading card. Come dressed nice for the photo.

REGISTER: <u>https://www.surveymonkey.com/r/BeginnerGM_Aug_02_2020</u>

If you have any questions or your attendance status changes please email me so I will be aware. Not showing up without notice makes us purchase more supplies and food than needed for the course. Money that could be uses elsewhere for training, competition and athlete leadership opportunities.

Sports Directors – Assigned Sports

If you have questions regarding a specific sport, coach education, or competition, please work with the corresponding Sport Director.

- Melissa Anger, Sports Director
 - o <u>manger@somd.org</u>, 410.242.1515 x122
 - Basketball
 - Cheerleading
 - Flag Football
 - Soccer
 - Softball
 - Tennis
 - Locally Popular Sports: Cross Country Skiing, Duckpin Bowling

• Zach Cintron, Sports Director

- o <u>zcintron@somd.org</u>, 410.242.1515 x161
 - Bowling (10 pin)
 - Cycling
 - Kayaking
 - Snowshoeing
 - Swimming
 - Locally Popular Sports: Figure Skating, Sailing, Short Track Speed Skating, Volleyball

• Ryan Kelchner Sports Director

- o <u>rkelchner@somd.org</u>, 410-242-1515 x171
 - Alpine Skiing
 - Athletics
 - Bocce
 - Distance Running
 - Golf
 - Powerlifting
 - Locally Popular Sports: Dance, Equestrian Sports, Floor Hockey

Questions?

If You Have Any Questions on Any Other Non-Sports-Related Issues, please contact a member of the Local Program Team

- Jeff Abel, Vice President. Local Program Development
 - o jabel@somd.org, 410-242-1515 ex. 121
 - Any general question
- Claire Huston, Development Services Manager
 - o <u>chuston@somd.org</u>, 410-242-1515 ex. 145

- o All Local Program Fundraising
- Ben Varga, Healthy Communities Manager
 - o <u>bvarga@somd.org</u>
 - Healthy Athletes, Fitness Programs
- Pat Cullinan, Northern Chesapeake Region Director
 - o <u>pcullinan@somd.org</u>, 410-242-1515
 - Harford, Cecil, and Kent Counties
- Mike Myers, Baltimore Region Director
 - o <u>mmyers@somd.org</u>, 410-242-1515
 - o Baltimore County and City
- Ron Freeman, Baltimore City Coordinator
 - o <u>rfreeman@somd.org</u>, 410.598.1027
 - Baltimore City Public Schools, Baltimore City Rec and Parks

• Tyler Martin, Western Region Coordinator

- o <u>tmartin@somd.org</u>, 717-321-3642
- o Frederick, Washington, Allegany, Garrett Counties